

Subject: 2021 return to campus protocol for FHS students

From: Health Sciences OFFICE OF DEAN <deanfhs@queensu.ca>

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To: Kevin Kell <kellk@queensu.ca>

Queen's University
MEDICINE | NURSING | REHABILITATION THERAPY
Faculty of Health Sciences

This email was sent to all FHS students on Dec 1, 2020 at 10:30am

Please note the following message does not apply to postgraduate trainees

Summary of holiday & return to campus protocol for students

Students who have left the KFL&A region and who will be participating in on-campus activities must:

1. Quarantine on return to Kingston for 14 days before taking part in any on-campus activity (see details of quarantine protocol below)
2. Follow any other protocol identified by their program

Students returning directly to non-campus activities in hospital or clinical settings are governed by the guidelines of the institutions within which they are working

Dear students,

As we look ahead to the holidays, FHS has developed a protocol for students who will be travelling to other regions. This protocol is not only intended to minimize the spread of COVID-19 across the Queen's and Kingston communities, but to ensure that our educational and research programs may continue to operate.

All students must abide by the following protocol in advance of any in-person activity in classroom or laboratory settings. Students returning directly to non-campus activities in hospital or clinical settings are governed by the guidelines of the institutions within which they are working.

2021 return to campus protocol for Faculty of Health Sciences students, including Medicine, Nursing, Rehabilitation Therapy, and graduate students and post-doctoral trainees who will be participating in on-campus activities:

(This protocol should be followed by students who are remaining in Canada. Students travelling internationally are required to follow the Government of Canada's directives for [mandatory quarantine](#).)

1. 14-day quarantine in Kingston*

Students who travel outside the KFL&A region over the holidays are expected to quarantine upon returning to Kingston for 14 days, leaving their place of residence only for medical appointments, picking up takeout food, grocery shopping and independent exercise. During the quarantine period, students are expected to wear a mask when leaving the house, to maintain physical distancing and refrain from gathering in groups or dining at restaurants.

**Students who remained in Kingston over the holidays or who have been in residing in Kingston for more than 14 days prior to the beginning of their in-person activities (or Red Zone, for medical students) and have remained asymptomatic do not need to complete or repeat the 14-day quarantine.*

If students develop symptoms of COVID-19 within the 14-day quarantine period, they should:

- Isolate from others immediately
- Contact KFL&A Public Health and follow [their instructions](#)

2. Continued self-monitoring for symptoms

Students are expected to continue to self-monitor for symptoms of COVID-19. Should a student develop COVID-19 symptoms at any time, they must:

- Use the Ontario Ministry of Health [self-assessment tool](#) to determine whether to seek care
- Visit a COVID-19 Assessment Centre for testing
- Inform their program office

3. Adherence to program-specific protocol

Students are subject to any additional protocol laid out by their programs. For example, in the School of Medicine, COVID-19 testing will be required prior to beginning the Red Zone.

Without undertaking these measures, you will not be able to participate in curricular activities that involve contact with other students, instructors, volunteers, and patients.

Should you have any specific questions about the protocol above, please reach out to the head of your program. All information related to COVID-19 for the Faculty of Health Sciences can be found [here](#).

I hope that you enjoy a well-deserved break over the holiday season. Taking time to rest and care for yourself is always important. Thank you again for your commitment to safety in our community. Working together, we can ensure a successful return to campus after the holidays.

Thank you,

Jane

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